

# Quest Food Management

001418 - wrap chicken blt snacker : ebh	Components	Attributes
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: serving	Meat/Alt: Grains: Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
902947 tortilla azteca ultra grain 6" 882690.....	100 each	make sure bacon is cooked till crisp but not burnt.
011252 LETTUCE,ICEBERG (INCL CRISPHEAD TYPES),R.....	2 1/4 gals + 1 1/2 CUPS (shredded)	
011529 TOMATOES,RED,RIPE,RAW,YEAR RND AVERAGE....	100 slice, med (1/4" thick)	
990045 chicken diced white 599697.....	6 lbs + 4 ozs	
903111 bacon turkey slice 365861.....	50 slice	
902736 dressing ranch fat free 188867.....	50 (2 TB)	

\*Nutrients are based upon 1 Portion Size (serving)

Calories	333 kcal	Cholesterol	10 mg	Sugars	*2.1* g	Calcium	63.72 mg	26.99%	Calories from Total Fat
Total Fat	9.99 g	Sodium	751 mg	Protein	22.84 g	Iron	1.95 mg	13.65%	Calories from Saturated Fat
Saturated Fat	5.05 g	Carbohydrates	41.66 g	Vitamin A	604.3 IU	Water <sup>1</sup>	*89.45* g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>2</sup>	*0.00* g	Dietary Fiber	*5.13* g	Vitamin C	*7.0* mg	Ash <sup>1</sup>	*0.39* g	50.03%	Calories from Carbohydrates
								27.43%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - denotes optional nutrient values  
<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.